## CATS ILLUSTRATED

## Harvey has been cutting down on his sugar levels!



With Makenna's guidance, Harvey has been cutting down on his sugar levels. While he would have eaten two boxes of sugar cubes every day a month ago, Harvey can be satisfied with ten lone sugar cubes every twenty four hours. This is a good habit for Harvey, and cats are happy that he is not so addicted to sugar anymore.

But Harvey still has a sugar craving - and he has been suffering some side effects from the withdrawal (yes, sugar has a withdrawal).
Makenna is trying her best to find other sweet things to satisfy Harvey's sugar craving. Her first thought was cookies. They are sweet, warm when

Image above Makenna and Harvey, talking about what things can satisfy Harvey's sugar craving.
fresh baked right out of the oven, and they don't use too much sugar. In fact, this gave Makenna an idea - instead of having straight sugar, Harvey could use his daily serving for anythingeat them straight, use them in cooking, or just save them.

Harvey seemed okay with this new rule, and immediately asked North to calculate how much sugar was in your average can of Catca Cola. It turned out to be equal to about three sugar cubes, so Harvey could drink about three cans to reach his sugar limit. A chocolate chip cookie recipe baking a dozen cookies had five sugar cubes worth of sugar, and a box of a dozen pieces of gum had about one sugar cube worth of sugar. However, what would stop Harvey from going over the top and eating more sugar? Well, in a raid, Makenna stole Harvey's stash of sugar cubes, and cancelled all of his incoming orders, and put the sugar cubes into a dispenser that was too secure for even Harvey to break. The dispenser would only let out ten at a time before needing to be reset by Makenna, who put in a secret passcode.

Harvey's favorite dessert, a three scoop ice cream, had about a sugar cube-and-a-half worth of sugar in it. This wasn't so even, but Harvey found another uneven amount that would even it out. Another thing Harvey liked, sugar soup, took a
"Sugar soup, Harvey? Really? Ever heard of hot However, it makes Harvey very thirsty, and it chocolate? leaves his mouth feeling awfully strange. Makenna has been recommending that Harvey

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} not make sugar soup anymore, and that if he ever needs to even out his sugar count, he can get two three-scoop ice creams to make it equal to and even number of sugar cubes. Or he could just get a two-scoop ice cream. But Harvey would prefer the former.

Subscribe again for more on Harvey and sugar!

